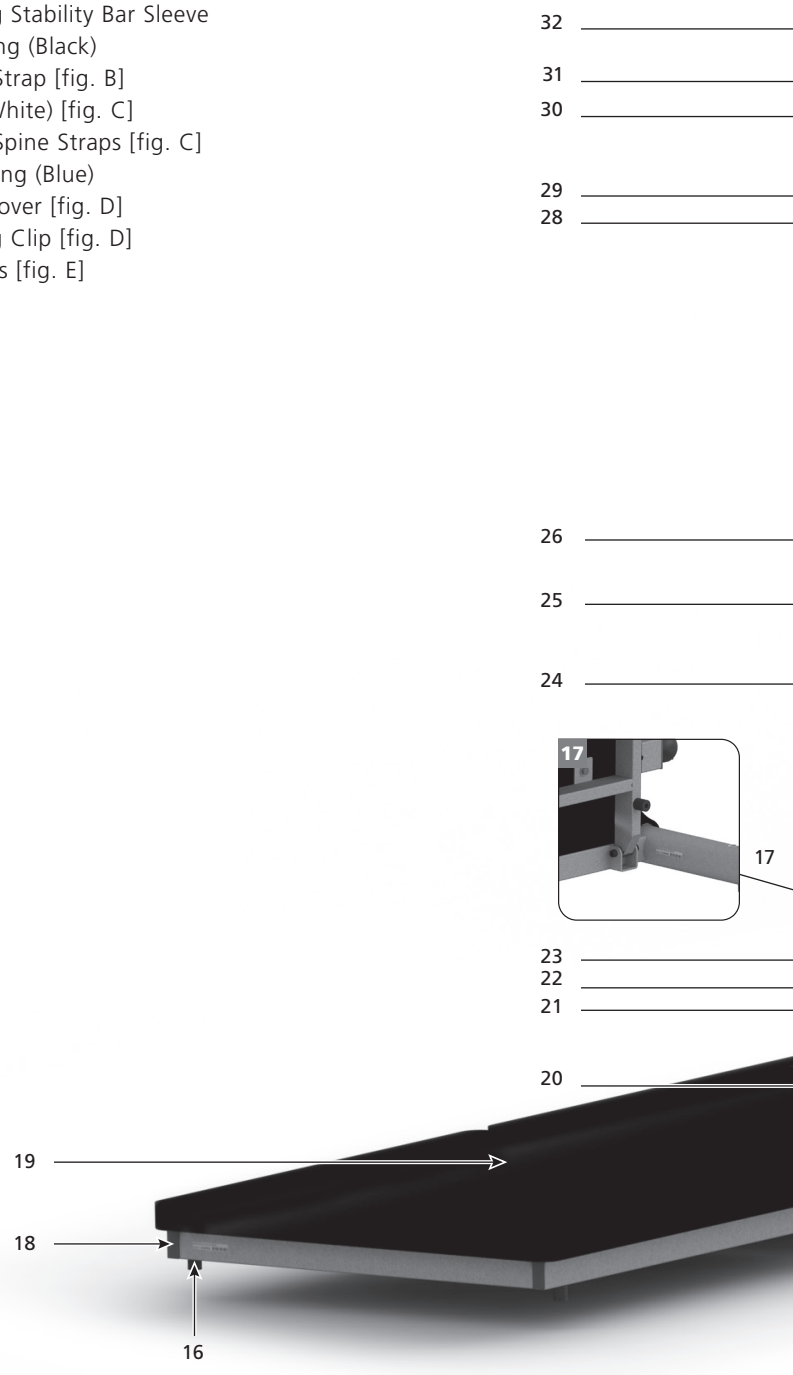
TOWER TRAINER™

OWNER'S MANUAL

Please review this important **assembly**, **safety** and **warranty** information about your new Merrithew Health & Fitness™ Tower Trainer™ and keep it handy for future reference.

Part Identification for the Tower Trainer™

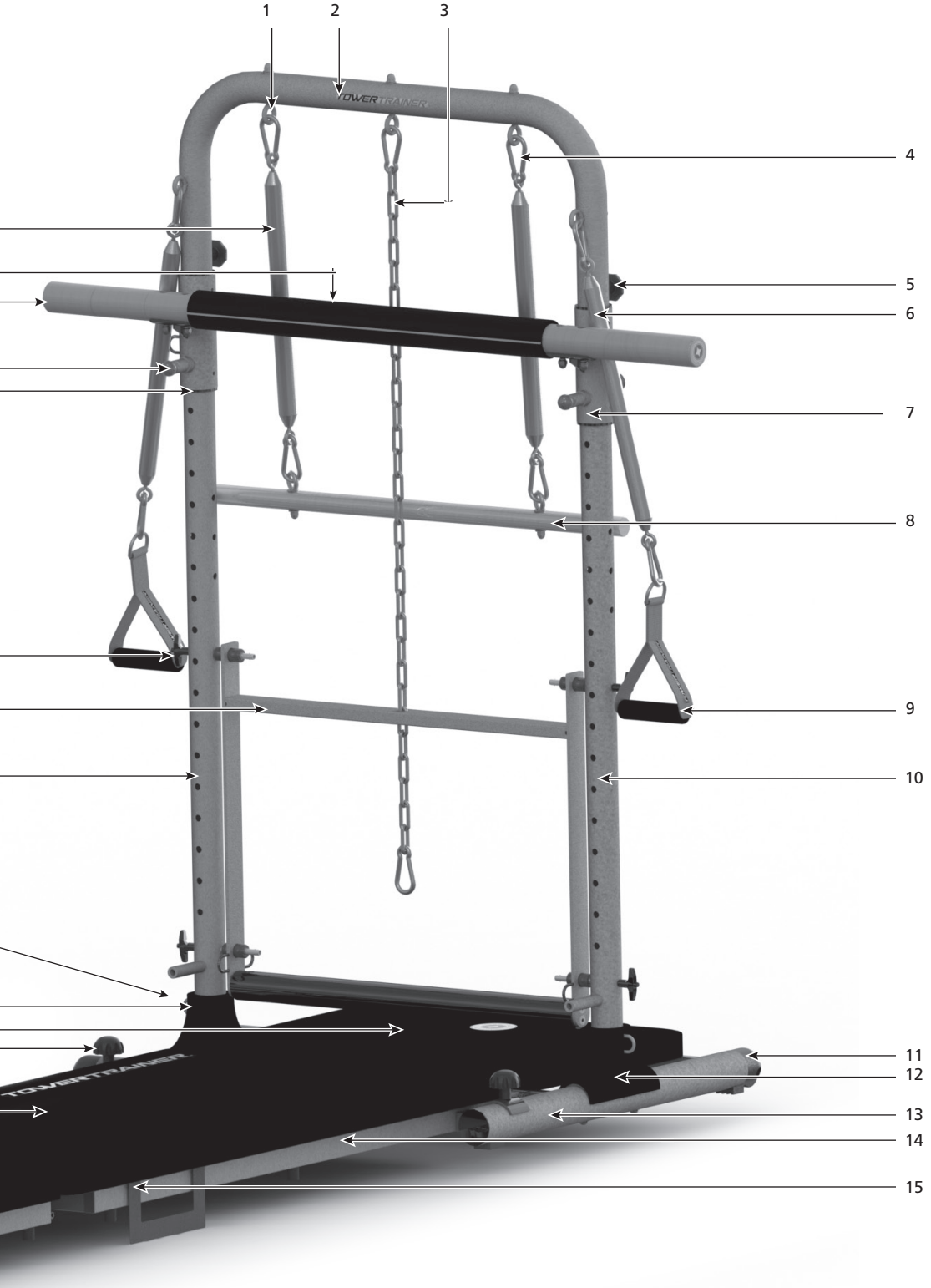
1 Eyehook
2 Upper Tube Assembly
3 Safety Chain
4 Spring Clip
5 Large Securing Knob
6 Light Arm Springs (Yellow)
7 Left Sliding Stability Bar Holder
8 Roll-Down Bar
9 Foam Grip Handles
10 Left Upright
11 Wheel Cap
12 Outer Cover
13 Base Frame
14 Main Frame
15 Handle Strap
16 Round Feet
17 Serial Number Sticker (see pg. 5 for detail)
18 Extension Frame
19 Raised Extension Mat
20 Raised Main Mat
21 Locking Knob
22 Raised Base Mat
23 Inner Cover
24 Right Upright
25 Push-Thru Bar
26 Push-Pin
27 Fuzzy Hanging Straps [fig. A]
28 Right Sliding Stability Bar Holder
29 Spring-loaded Pin
30 Sliding Stability Bar
31 Padded Sliding Stability Bar Sleeve
32 Rolldown Spring (Black)
33 Single D-ring Strap [fig. B]
34 Leg Springs (White) [fig. C]
35 Padded Long Spine Straps [fig. C]
36 Push-Thru Spring (Blue)
37 Vinyl Spring Cover [fig. D]
38 Locking Spring Clip [fig. D]
39 Bolt-on Wheels [fig. E]

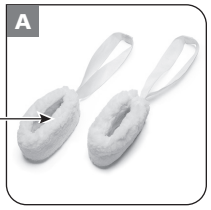


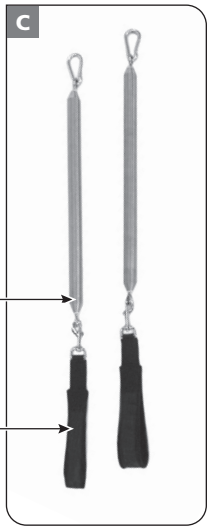
Hardware Identification

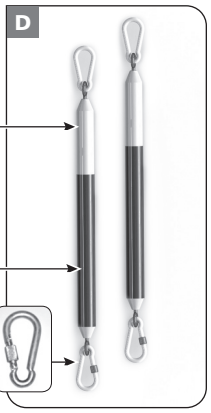
			QTY
	40	Screw, Round Head (M4 x 20mm)	4
	41	Bolt, Button Head (M8 x 1.25 x 50mm)	2
	42	Bolt, Button Head (M8 x 1.25 x 55mm)	2
	43	Bolt, Button Head (M8 x 1.25 x 60mm)	4
	44	Bolt, Button Head (M8 x 1.25 x 76mm)	8
	45	Acorn Nut (M8 x 1.25)	4
	46	Nylock Nut (M8 x 1.25)	12
	47	Washer (M8)	8
	48	Arc Washer (M8)	16
	49	Lock Washer (M8)	4

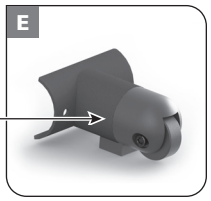
Covered by one or more of the following patents and/or patent applications:
US 8,057,371 B2, 7,878,954 B2, US Application No. 11/329,252, US Application No. 12/233,968,
US Application No. 60/642,985, PCT International Application No. 2006000814.











REQUIRED TOOLS:

- 1/4" (6MM) HEX KEY
- COMBINATION WRENCH

IMPORTANT!

This manual contains important assembly, safety and warranty information. Read the manual carefully before using your new Tower Trainer™ and keep the manual on hand for future reference.

UNSAFE OR IMPROPER USE OF THIS EQUIPMENT BY FAILING TO READ AND COMPLY WITH ALL REQUIREMENTS AND WARNINGS COULD RESULT IN SERIOUS INJURY.

It is impossible to predict every situation and condition that can occur while using your Tower Trainer. Merrithew Health & Fitness™ makes no representation about the safe use of the Tower Trainer under all conditions. There are risks associated with the use of any exercise equipment that cannot be predicted or avoided, and you assume the responsibility for that risk.

Please ensure that you and your clients/patients have received proper instruction regarding the correct and safe use of Merrithew Health & Fitness equipment. We recommend cautious assembly and usage and wish you many hours of safe and effective exercise.

User Guidelines

The Tower Trainer is a multifunctional piece of equipment that can be used for Pilates, dance and traditional fitness training. It is a portable unit that can be folded for storage, then laid out flat when in use.

The Trainer comes equipped with a full compliment of springs, straps and a safety chain. The springs can be attached to various locations on the frame, or on the straps hooked around the sliding bar. Be sure your spring clips are completely closed and secure.

For inexperienced or first-time users, the Tower Trainer should only be used under the supervision of a trained professional.

This manual includes general guidelines for setup and usage. To get the most out of your Tower Trainer, Merrithew Health & Fitness offers instructional DVDs and manuals. Personalized training is offered through our Licensed and Corporate Training Centers. Visit **merrithew.com** for more information.

For questions or technical assistance, email **customercare@merrithew.com**

Care & Cleaning

Wipe vinyl surfaces with a mixture of water and tea tree oil, a natural disinfectant.

Add 5ml or 1tsp of tea tree oil to a 1L or 1qt spray bottle of water.

A mixture of mild soap and water may be used to remove more persistent dirt. Ensure cleaner does not leave an oily residue, or make surfaces slippery.

Clean all metal surface areas as required, using a soft cloth and gentle cleaner.

Safety Instructions

WARNING: As with any athletic activity, the use of exercise equipment involves risk of injury, damage and/or death. By choosing to use Merrithew Health & Fitness equipment, you and/or your clients/patients assume responsibility for that risk, not the people who sold you the equipment, distribute and/or manufacture it.

- We recommend that two people be available for assembly of this product.
- Set up and operate the Tower Trainer on a solid level surface. Do not position the Tower Trainer on loose rugs or uneven surfaces.
- Make sure that adequate space is available for access to and around the Tower Trainer.
- Ensure that the Main Frame is secured properly on the Base Frame with the locking knobs before using the Tower Trainer.
- Always make sure that the Dowel Holder is adjusted to the same height with Spring Pins in parallel holes in Uprights.
- Always choose the workout which best fits your physical strength and flexibility level. Know your limits and train within them. Always use common sense when exercising.
- Do not wear loose clothing while using the Tower Trainer.
- Be careful to maintain your balance while using, mounting, dismounting or assembling the Tower Trainer, loss of balance may result in a fall and serious injury.
- The Tower Trainer should not be used by persons weighing over 250 lbs (113 kgs).
- The Tower Trainer should be used by only one person at a time.

Mechanical Safety Check

Proper maintenance and timely replacement of your equipment or component parts is your responsibility as it helps reduce the risk of injury. Conduct a regular inspection of the following:

Daily

- Clean all surface areas after each use, using a soft cloth and gentle cleanser.

Weekly

- Check all springs and spring clips for wear and damage and replace as needed.

Monthly

- Ensure all nuts, bolts and screws are securely fastened.
- Ensure eyehooks are securely fastened.

Yearly

- Replace all spring clips.

Every 2 Years

- Replace all springs.

REPLACE ALL SPRINGS EVERY 24 MONTHS AND SPRING CLIPS EVERY 12 MONTHS OR AS NEEDED WITHIN THAT PERIOD.

FAILURE TO PERFORM RECOMMENDED SAFETY CHECKS, OR USING THE MACHINE WITH IMPROPERLY ADJUSTED, BROKEN OR WORN PARTS, COULD RESULT IN SERIOUS BODILY INJURY.

IMPORTANT! PLEASE DO NOT ATTEMPT TO ASSEMBLE ON YOUR OWN. THIS IS, AT MINIMUM, A JOB FOR TWO PEOPLE. PLEASE READ THESE INSTRUCTIONS COMPLETELY BEFORE BEGINNING ASSEMBLY.

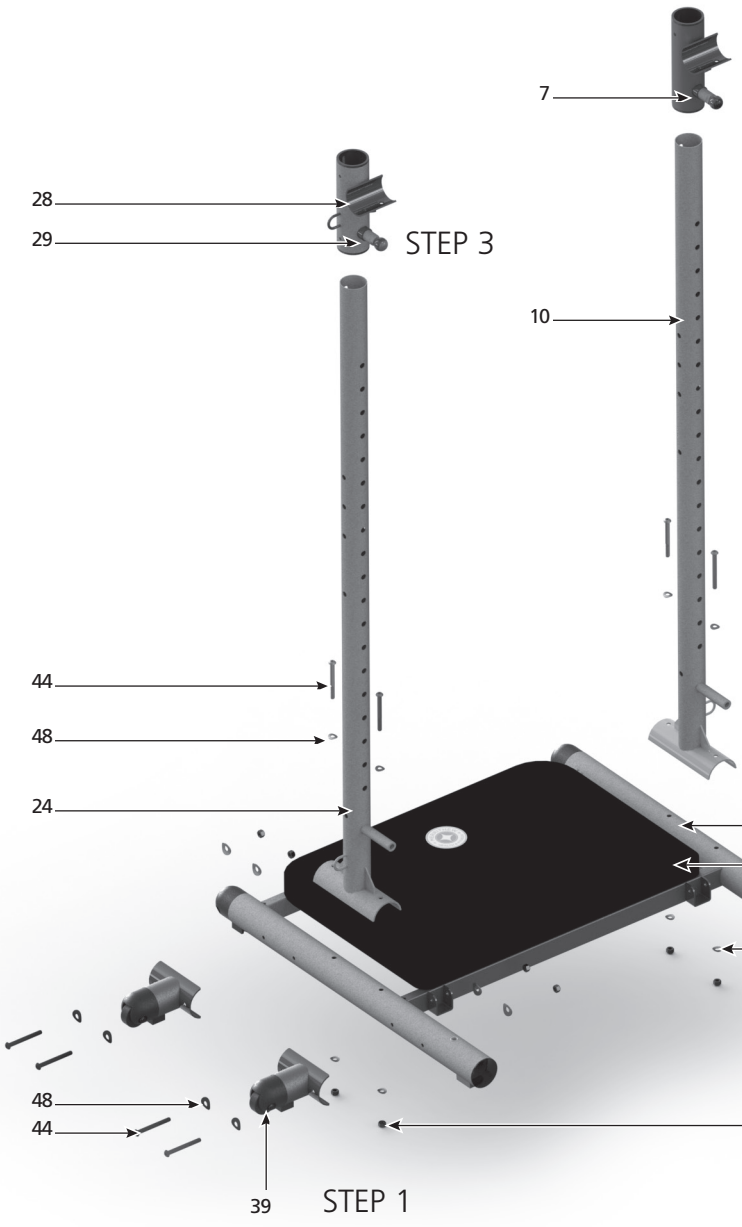
Place all parts from the box in a cleared area and position them on the floor in front of you. Remove all packing material from your area and place them back into the box. Do not dispose of the packing materials until assembly is completed. To prevent unsafe or improper use, please read each step carefully before beginning.

For assistance or any missing parts:
Call: Toll-free in North America 1-800-910-0001
Toll-free in United Kingdom 0800-328-5676 or

Email customercare@merrithew.com

Please refer to the assembly instructions included in this Owner's Manual for initial Assembly Instructions and Part Identification.

Assembly Instructions



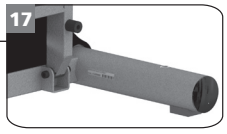
1 Attach the bolt-on wheels [39] to the base frame [13] by inserting the button head bolts [44] and arc washer [48], secure with arc washer [48] and nylock nut [46].

2 Attach the left [10] and the right uprights [24] to the base frame [13] by inserting the button head bolts [44] and arc washers [48] from top and secure with arc washers [48] and nylock nut [46] from bottom. **Do not tighten the bolts until step 6**.

NOTE: The correct positions of the holes and eyehooks on the left upright and right upright in the illustration. The holes face away from the raised base mat [22] and the eyehooks face to the outside.

3 Pull the spring-loaded pin [29] then slide the right sliding stability bar holder [28] onto the right upright [24]. Release the spring-loaded pin so it catches in one of the adjustment holes and locks the holder in place. Repeat with the left sliding stability bar holder [7] and left upright [10]. Position the left and right sliding stability bar holders so they are the same distance from the top of the left and right uprights.

NOTE: The correct position of the eyehooks on the sliding stability bar holders in the illustration. The eyehooks face to the outside.



Serial Number Placement

Assembly Instructions CONT'D

4 Attach the sliding stability bar [30] to the left and right sliding stability bar holders [7, 28] with button head bolts [43], lock washers [49] and acorn nuts [45]. **Do not tighten the bolts until Step 6**.

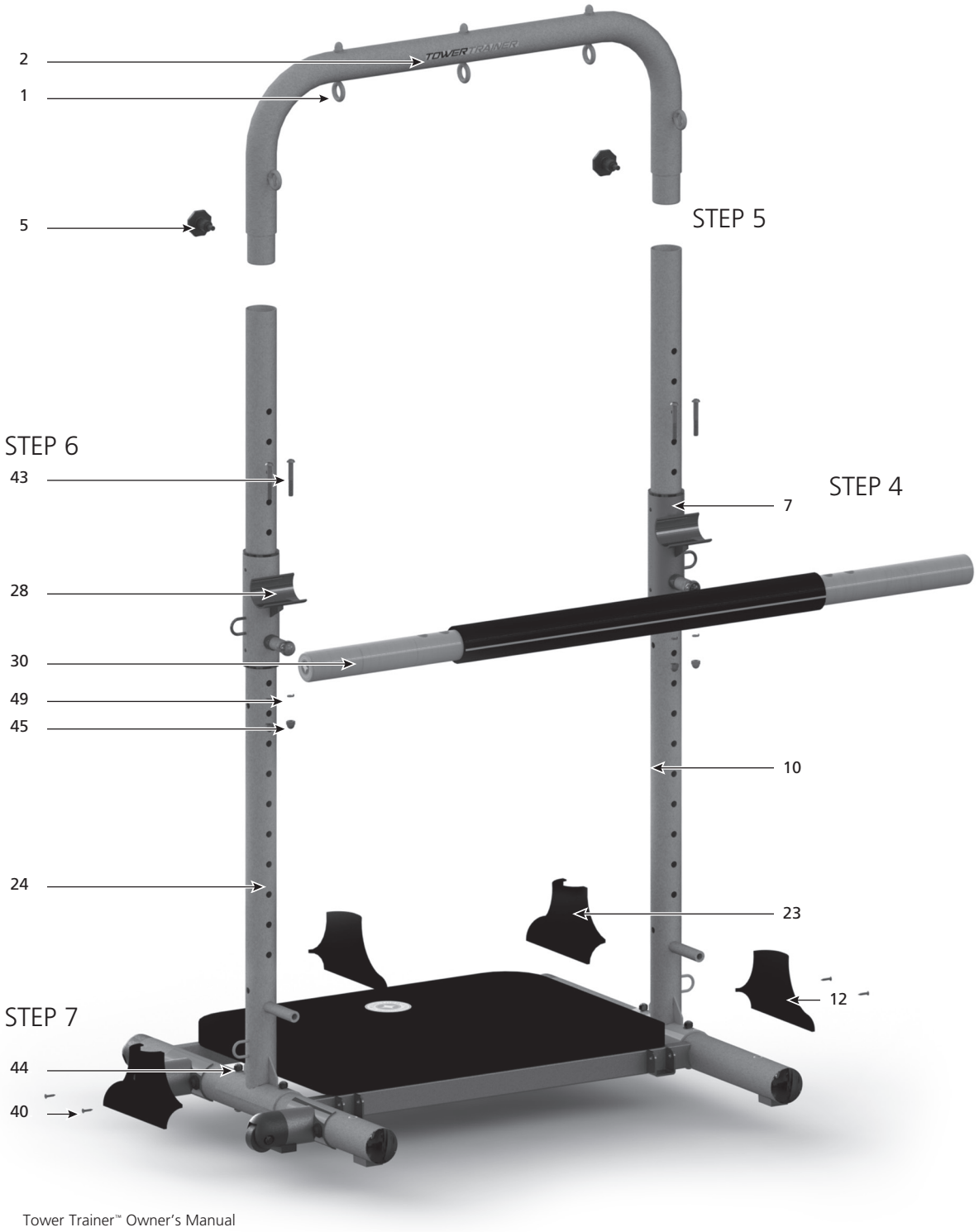
NOTE: The padded stability sleeve can easily be removed by undoing the zipper.

5 Insert the upper tube assembly [2] into the left and right uprights [10, 24] and secure with the large securing knobs [5].

NOTE: The correct position of the holes and eyehooks [1] on the upper tube assembly [2] in the illustration below.

6 Tighten the button head bolts [43] to secure the sliding stability bar [30]. Tighten the button head bolts [44] to secure the left and right upright [10, 24].

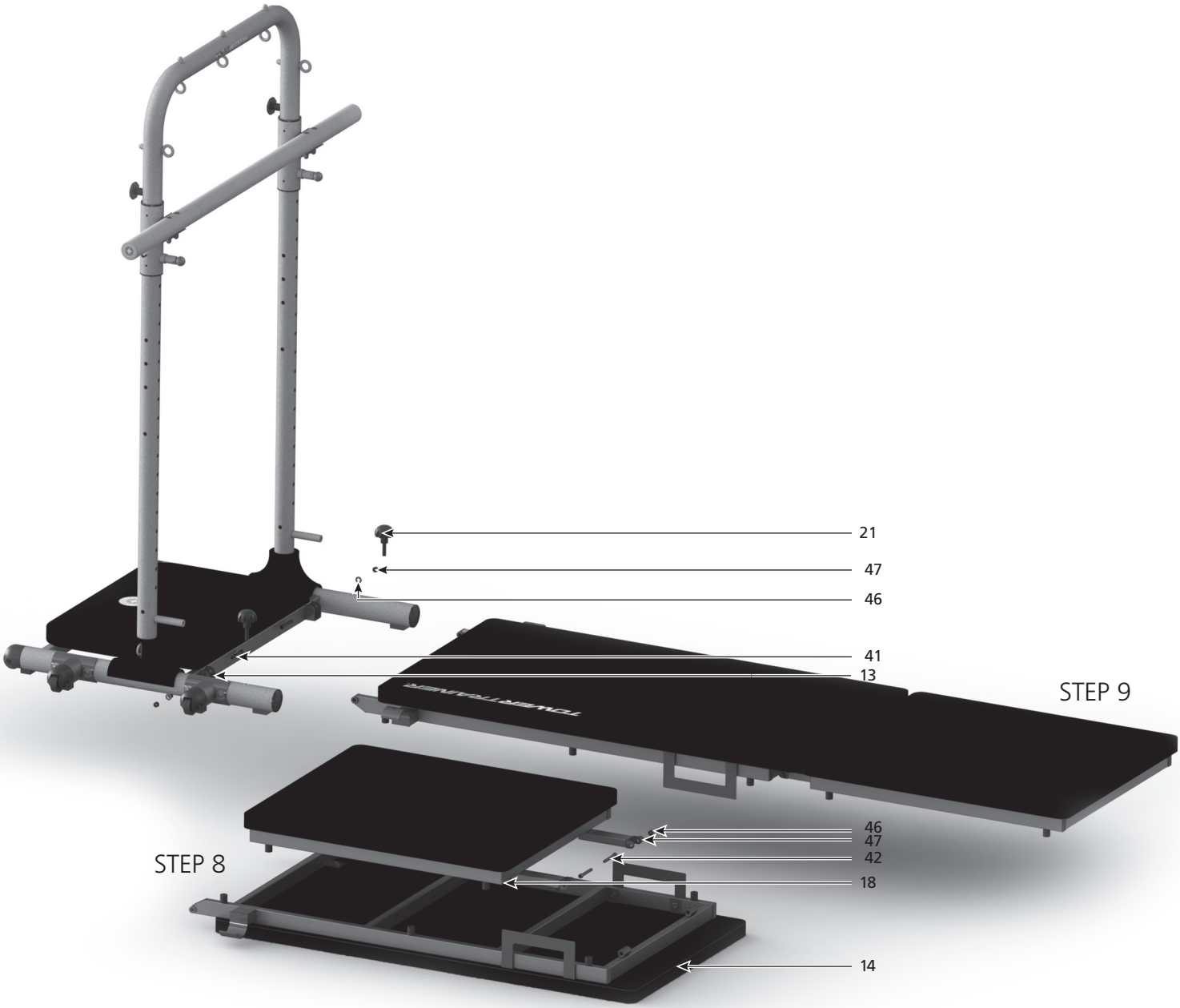
7 Attach the outer cover [12] and inner cover [23] to the right upright [24] with round head screws [40]. Repeat on other side.



Assembly Instructions CONT'D

8 Place the main frame [14] with the mat side face down. Attach the extension frame [18] by placing it (mat side up) on top of the mat frame, aligning hinge brackets. Use button head bolts [42], washers [47] and nylock nuts [46] to secure together.

9 Unfold the extension frame [18] from the main frame [14] and turn the mat side face up. Attach the Main frame [14] to the base frame [13] with button head bolts [41], washers [47], and nylock nuts [46]. Lock the main frame [14] and the base frame [13] together with the locking knobs [21].



Safety & Usage

SLIDING STABILITY BAR ADJUSTMENT

To adjust the height of the Sliding Stability Bar [30], pull out on the spring-loaded pins [29] and carefully slide the bar to the desired location. Release the pins and ensure they are fully locked in one of the holes. The bar also comes with a soft padded covering to increase comfort and usability.

NOTE: Always make sure that the sliding stability bar holders [7, 28] are adjusted so the bar is parallel with the mat.

SET-UP FOR THE PUSH-THRU BAR

Attach the push-thru bar [25] to the top adjustment hole in the uprights [10, 24] with two upper push-pins [26].

Attach the safety chain [3] to the eyehook [1] on the top of the upper tube assembly [2]. For some exercises, the push-thru bar [25] should be up and secured in position with the safety chain [3].

The push-thru bar [25] can be used as a foot bar for some exercises. Attach the push-thru bar (25) to the lowest adjustment hole in the upright [10, 24] with two upper push-pins [26]. Lock the push-thru bar [25] to the uprights [10, 24] with two lower push-pins [26].

NOTE:

- There are three adjustment holes in the uprights that allow you to attach the push-thru bar [25] at one of the different heights.
- Refer to the inset illustration. Push down the button on the "T" end of the push-pins [26] to release. Then you can insert the push-pin [26] into the adjustment hole.
- Always make sure the safety chain [3] is connected when the push-thru bar [25] is in use in the rotating positions.

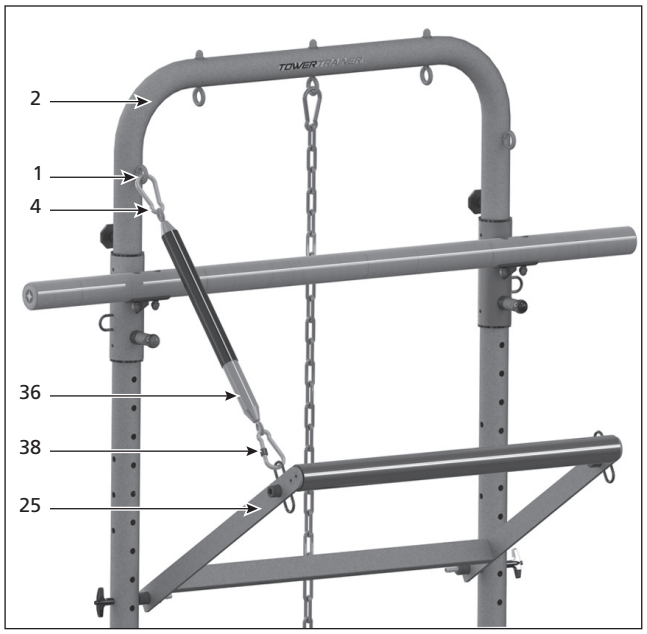
Safety & Usage CONT'D

USING THE PUSH-THRU BAR

SPRINGS FROM ABOVE

When doing exercises that require the spring resistance to come from above the bar, attach the push-thru spring [36] to the eyehook on the upper side of the push-thru bar [25] with the locking spring clip [38]. Attach the other end of the push-thru spring [36] to one of the eyehooks [1] on the upper tube assembly [2] with the spring clip [4].

CAUTION: To prevent accidental injury, never put your face (or another body part) above the push-thru or roll-down bars while spotting an exercise.

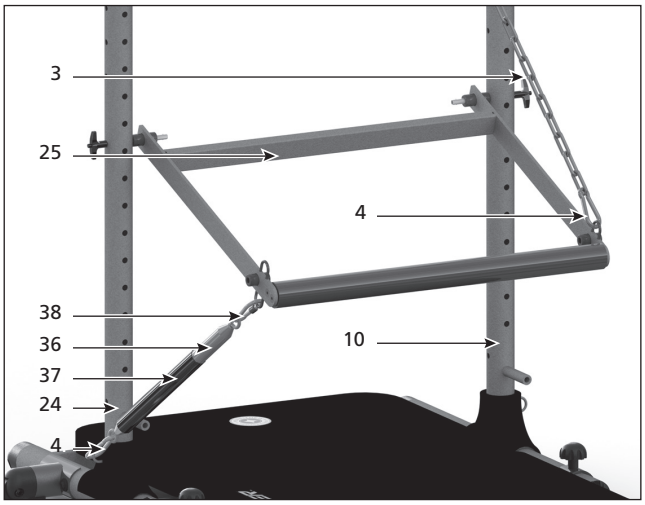


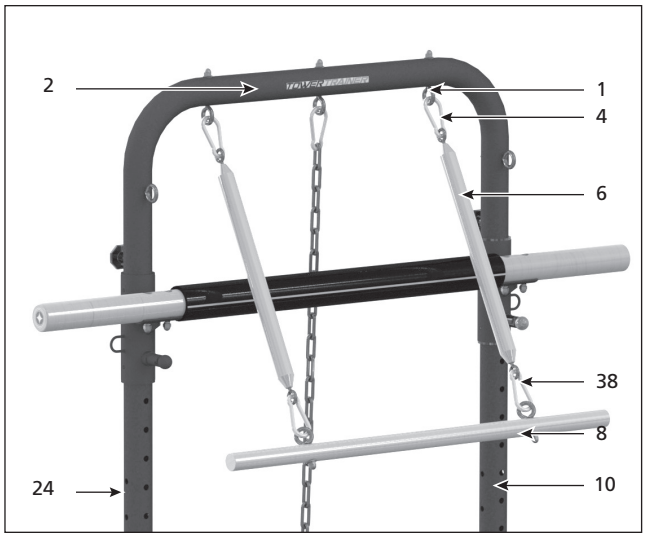
SPRINGS FROM BELOW

CAUTION! If using the push-thru bar with springs from below, attach safety chain first.

1. When using the push-thru bar [25] with the push-thru spring [36] attached from below for bottom load exercises, connect one end of the safety chain [3] to one of the eyehooks [1] on the upper tube assembly [2] with the spring clip [4]. Connect the other end of the chain to the eyehook on the push-thru bar [25] with the spring clip [4] as per illustration below.
2. Hook the spring to the eyehooks located at the base on the other side of the upright [10 or 24] with the spring clip [4]; see illustration below. Ensure that the vinyl spring cover [37] which covers the push-thru spring [36] is moved over the lower part of the spring to avoid catching the user's hair or clothing, and to keep the spring from coming into contact with the upholstered raised mat.
3. Attach the push-thru spring [36] to the loop on the underside of the push-thru bar [25] with the locking spring clip [38], as per illustration below.

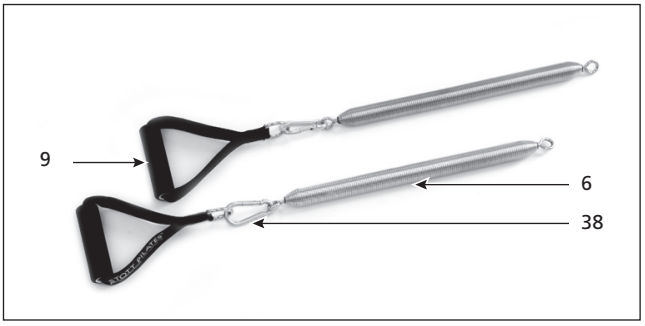
Be sure that the safety chain is always connected to the push-thru bar when in use with springs from below.





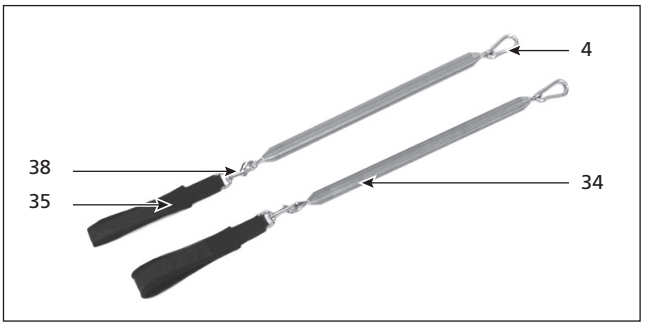
ROLL-DOWN BAR

The roll-down bar [8] attaches via the rolldown springs [6] to the eyehooks [1] on the upper tube assembly [2] between the two uprights [10, 24] with the spring clip [4]. Attach the arm springs [6] to the roll-down bar [8] with the locking spring clip [38]. Ensure the spring clips are completely closed and secure.



LIGHT ARM SPRINGS (YELLOW)

Attach light arm springs [6] to eyehooks at desired height with the spring clip [4]. Attach the other ends of the springs to the foam grip handles [9] with the locking spring clips [38]. Ensure the spring clips are completely closed and secured.



LEG SPRINGS (WHITE)

Attach leg springs [34] to eyehooks at desired height with the spring clips [4]. Attach the other ends of the springs to the padded long-spine straps [35] with the locking spring clips [38]. Ensure the spring clips are completely closed and secured.

Storage & Mobility

WARNING: When folding or unfolding the Tower Trainer™, keep all children away from the Tower Trainer and make sure hands and feet are clear of any folding or pinch point.

FOLDING

a. Move any attached accessories to the back side of the tower so the mats can fold up against the sliding stability bar [30].

b. Ensure upper and lower push-pins (26) are inserted with the push thru bar (25) locked down.

c. Remove the locking knobs [21] to unlock the main frame [14].

d. With one hand on one of the handle straps [15] on the raised main mat [20], and one hand on the extension frame [18], slowly lift the main frame [14] and extension frame [18]. The extension frame [18] will fold down against the main frame [14] as you lift.

e. When both frames are in the most vertical position possible, parallel to the left and right uprights [10, 24], secure the main frame [14] to the left and right uprights [10, 24] with the locking knobs [21].

UNFOLDING

a. Unscrew the locking knobs [21] from the uprights completely.

b. With one hand on the handle strap [15] of the raised main mat [20], and one hand on the extension frame [18], carefully extend it completely to rest on the floor.

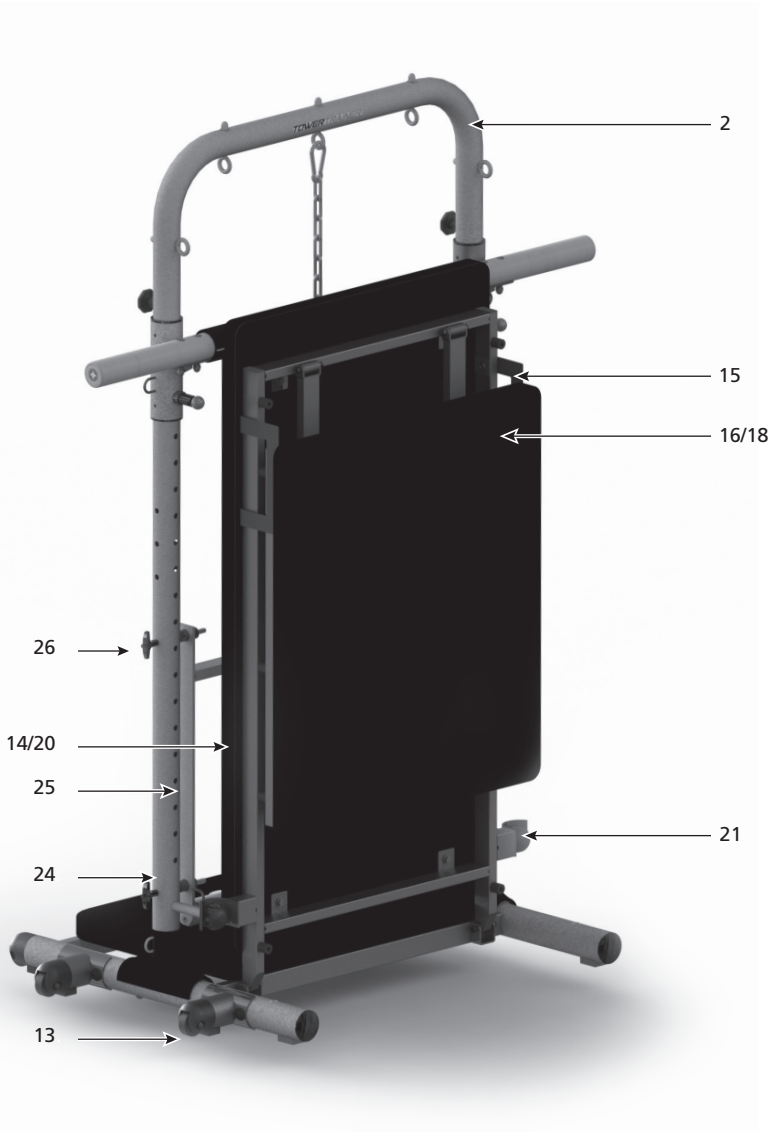
c. Replace the locking knobs [21] securing the main frame [14] to the base frame [13] and fully tighten for security.

MOVING

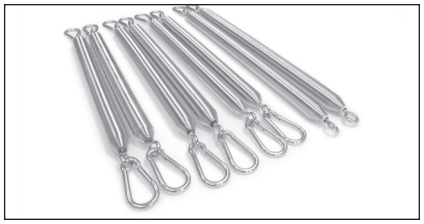
To move the Tower Trainer, it must be folded. The push-thru bar must be locked down. While on the wheeled side of the folded Tower Trainer, grasp the upper tube assembly [2] with one hand, place your foot against the base frame [13], and hold the upright with your other hand. Pull the Tower Trainer toward you while holding the base steady with your foot until the wheels come in contact with the floor. Then roll the Tower Trainer while holding the upper tube assembly [2] and right upright [24] to steady and guide the Tower Trainer.

STORING

Store the Tower Trainer in a clean, dry place.



Replacement Parts

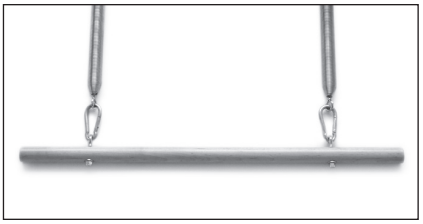


REPLACEMENT SPRING PACKAGE

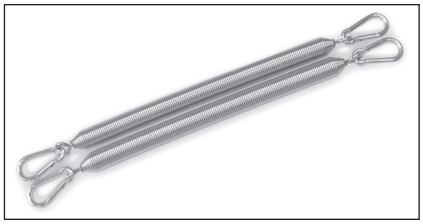
Springs should be replaced every 24 months, or as needed within that period.

A complete spring replacement package is available for the Tower Trainer and includes:

- roll-down springs (2)
- leg springs (2)
- arm springs (2)
- push-thru springs (2)
- spring clips (carabiners) (17)
- locking spring clips (3)



ROLL-DOWN DOWN BAR WITH SPRINGS (BLACK) & CLIPS



PUSH-THRU SPRINGS (BLUE)

For use with push-thru bar.

SINGLE D-RING STRAP

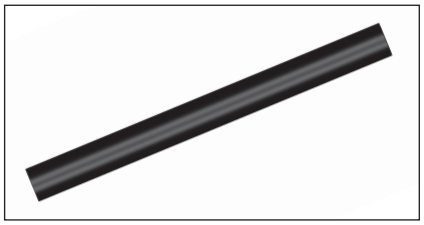
Connecter for attaching springs to stability bar.

FOAM GRIP HANDLES

Cushioned and rounded, these provide extra comfort.

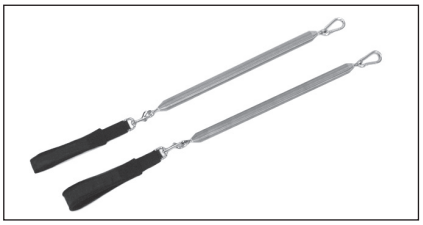
PADDED LONG SPINE STRAPS

Also available without padding.



PADDED SLIDING STABILITY BAR SLEEVE

Removable covering adds cushioning to sliding stability bar.



LEG SPRINGS (WHITE)

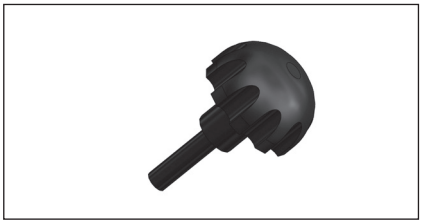
Shown with padded long spine straps attached. (sold separately)

ARM SPRINGS (YELLOW)

Shown with foam grip handles attached. (sold separately)

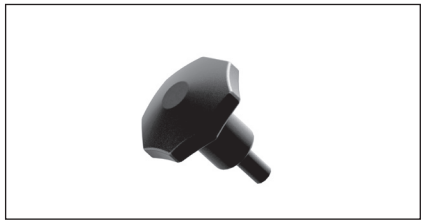
FUZZY HANGING STRAPS

Soft and woolly, these add extra comfort and security for specific exercises.



LOCKING KNOB

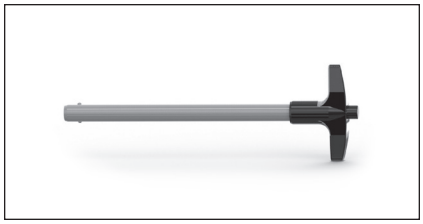
Use to lock in folded or unfolded position.



LARGE SECURING KNOB

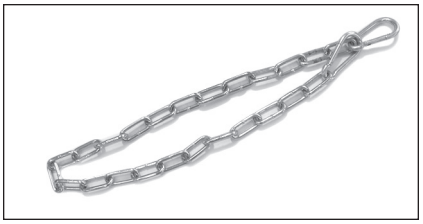
Use to secure upper tube assembly to uprights.

Replacement Parts CONT'D



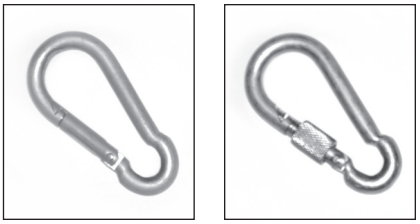
PUSH-PIN

Used to secure push-thru bar.



SAFETY CHAIN

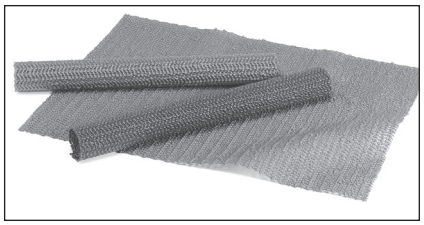
For use with push-thru bar.



NON-LOCKING SPRING CLIP & LOCKING SPRING CLIP

Locking spring clips are required when using push-thru bar with springs from below.

Optional Items



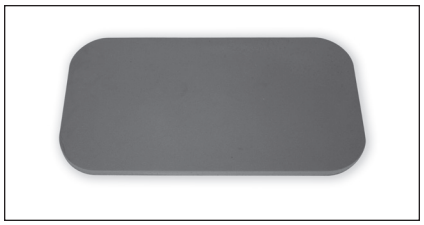
GRIPPER MATS

Non-slip rubber mats are handy to increase traction and prevent slipping.

A gripper mat can be wrapped around push-thru bar, roll-down bar, uprights or placed on upholstered bed.

FOAM CUSHIONS

Available in three sizes. Used for comfort and additional support when performing a wide variety of exercises.

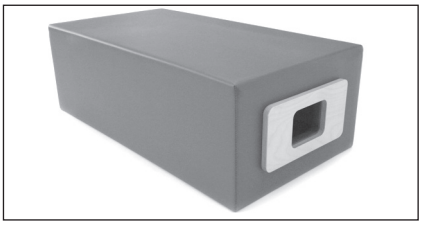


TPE PILATES PAD

Non-slip eco-friendly pads can help establish correct alignment and positioning or to provide cushioned support.

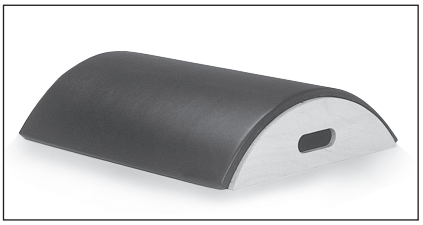
PADDED PLATFORM EXTENDER

Can be used on the upholstered bed for seated or standing exercises.



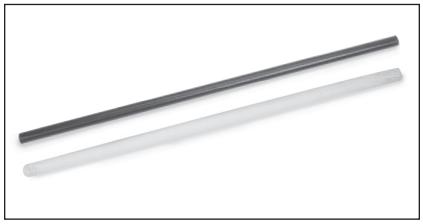
REFORMER BOX

Used to facilitate or vary exercises.



ARC BARREL

Ideal to increase or decrease challenge and to assist rehab clients.



MAPLE & METAL ROLL-UP POLE

Provides added scapular awareness. (sold separately)

EXTENSION STRAPS

Assists alignment of the knee joint.

⚠ CAUTION

IMPROPER USE OF EXERCISE EQUIPMENT MAY CAUSE SERIOUS BODILY INJURY. TO REDUCE RISK, PLEASE READ THE FOLLOWING:

- Before starting any exercise program, consult a physician.
- Before using the equipment, read and follow Safety instructions in this Manual and obtain thorough instruction from a qualified trainer.
- The Tower Trainer™ must be used under the supervision of a trained professional.
- Use equipment only for intended exercises.
- Ensure the equipment is properly adjusted for your size and ability level.
- When springs are used, ensure spring clips are fully closed at both ends of springs. A spring clip that is only half closed risks coming undone and detaching with high force.
- When using the push-thru bar with spring from below, locking spring clips must be used to attach to the frame or uprights, and the safety chain must be attached.
- When using the push-thru bar, a trained professional must keep a hand on the bar at all times.
- Stop exercising if you experience chest pain, feel faint, have difficulty breathing or experience musculoskeletal discomfort.
- Keep body, clothing and hair free from all moving parts.
- Do not use if equipment appears worn, broken or damaged.
- Do not attempt to repair equipment yourself without consulting Merrithew Health & Fitness™.
- Do not allow children to use or be around equipment without adult supervision.
- All springs must be replaced every 24 months or as needed within that period.
- All spring clips must be replaced every 12 months or as needed within that period.

MERRITHEW HEALTH & FITNESS TOWER TRAINER

Merrithew Health & Fitness™ warrants that this equipment is free of manufacturing defects in workmanship and materials, subject to the terms below. This warranty becomes effective at the invoice date of the original purchase. Parts repaired or replaced under the terms of this warranty will be warranted for the remainder of the original warranty period.

This warranty applies to equipment only:

- while it remains in the possession of the original purchaser and proof of purchase is demonstrated
- if claims are made within the warranty period
- if upgrades are made as required by Merrithew Health & Fitness

THIS WARRANTY SHALL BE NULL AND VOID IF:

- **the equipment is for any other purpose other than as intended**
- **all safety and usage guidelines are not followed as specified**
- **equipment failure is a result of improper maintenance**
- **equipment has been subjected to accident, misuse, abuse, improper service, or any modification not authorized by Merrithew Health & Fitness**

This warranty does not cover damage to the finish of any Merrithew Health & Fitness equipment, or shipping charges, customs clearance fees (if applicable) or any costs incurred in installing repaired or replacement parts shipped under the provisions of this warranty.

FIVE (5) YEAR LIMITED WARRANTY

Merrithew Health & Fitness will, at its option, repair or replace any of the parts listed below, provided that the part(s) fail due to a defect in workmanship or materials:

- vertical bars and overhead frame
- components of the frame and related welding

TWO (2) YEAR LIMITED WARRANTY

Merrithew Health & Fitness will replace springs that fail for any reason, provided such failure is reported to Merrithew Health & Fitness within a period of two years from the invoice date of the original purchase. We recommend that springs be changed every two (2) years.

ONE (1) YEAR LIMITED WARRANTY

On other parts and components. We recommend that spring clips be changed annually.

90-DAY FABRIC WARRANTY

The vinyl fabric upholstery will be replaced if it fails to give normal wear for 90 days after delivery. Proof of damage may be required. This warranty does not cover cuts, burns, stains, soiling, pet damage or damage caused by other unreasonable use. This warranty does not apply to fabrics cleaned with abrasive, corrosive or chemical cleansers. If the identical fabric is not available, Merrithew Health & Fitness will provide an equivalent fabric.

DISCLAIMER OF IMPLIED WARRANTIES AND LIMITATION OF REMEDIES

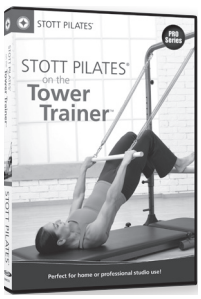
Repair or replacement of defective parts is your exclusive remedy under the terms of this limited warranty. In the event of parts availability issues, Merrithew Health & Fitness will not be responsible for any consequential or incidental damages arising from the breach of either this limited warranty or any applicable implied warranty, or for failure or damage resulting from acts of nature, improper care and maintenance, accident, alteration, replacement of parts by anyone other than Merrithew Health & Fitness, misuse, transportation, abuse, hostile environments (inclement weather, acts of nature), improper installation or installation not in accordance with local codes or printed instructions.

This limited warranty is the sole express warranty given by Merrithew Health & Fitness. No product performance, specification or description wherever appearing is warranted by Merrithew Health & Fitness except to the extent set forth in this limited warranty. Any implied warranty protection arising under the laws of any state, province or territory including implied warranty of merchantability or fitness for a particular purpose, or use, is hereby limited in duration to the duration of this limited warranty.

Neither distributors, dealers, web resellers, nor the retailers selling this product have any authority to make any additional warranties or to promise remedies in addition to or inconsistent with those stated above. Merrithew Health & Fitness maximum liability, in any event, shall not exceed the purchase price of the product paid by the original purchaser.

Expand Your Repertoire

Increase your expertise with DVD Instruction



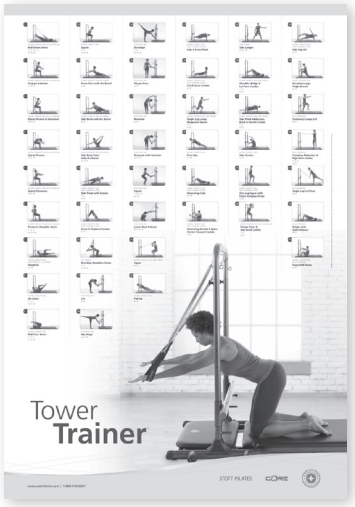
This DVD focuses on the biomechanical principles of STOTT PILATES® while using the various components of the Tower Trainer™ to develop core stability and improve flexibility. Enjoy this hybrid workout of Pilates and traditional fitness moves that increase overall strength and conditioning.

We offer almost limitless exercise challenges in our clear and detailed repertoire of instructional DVDs. For a full listing visit **merrithew.com/shop/dvds**

Take advantage of our training tools

Tower Trainer™ Wall Chart: This full-size wall chart depicts exercises featured in the STOTT PILATES® Programming on the Tower Trainer™ and CORE Athletic Conditioning & Performance Training on the Tower Trainer™ programs. Each exercise is described with name, equipment accessories, one photo, as well as suggested repetitions. Our Wall Charts are printed with vegetable-based inks on FSC paper.

A step-by-step exercise guide for the Tower Trainer repertoire can be downloaded by visiting **merrithew.com/guide**



size: 27"x 39"

Get the most out of your equipment with ongoing training!

For over 25 years, we have been committed to developing effective and responsible exercise through unique, high-integrity fitness programs. Our signature STOTT PILATES® education method is unparalleled in the industry. Our new ZEN•GA™, CORE™ Athletic Conditioning & Performance Training™ and Total Barre™ programs offer additional repertoire to add challenge to your workouts. We invite you to join our worldwide community of elite fitness professionals—with The Professional's Choice™ in Pilates & Mindful Movement Education. Courses and workshops are offered worldwide.

Explore **merrithew.com/education/training** for courses and workshops near you.

Contact Us Today:
visit **merrithew.com**
call toll-free North America 1-800-910-0001
United Kingdom 0800-328-5676
or International +1-416-482-4050

⚠ IMPORTANT

Please keep this manual in a safe place.

Go to
merrithew.com/warranty
to activate your warranty!

Get the benefits:

- Ensure that you'll be able to repair it under warranty should you encounter a problem.
- Make warranty service fast and efficient by having your information in our records.
- In the unlikely event of a replacement or safety notice, we'll be able to contact you immediately.
- Proof of purchase for insurance purposes in the event of a loss due to fire, flood or theft.
- Stay informed of any product updates.

Can't get online?

Please fill out the warranty card enclosed with this product, and return to us.

This is your Tower Trainer™ Serial Number:

2200 Yonge Street, Suite 500, Toronto, ON M4S 2C6 **phone** 416-482-4050
fax 416-482-2742 **email** equipment@merrithew.com **website** merrithew.com

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